

Jen Averill's Weed Whackers 2014

COME JOIN THE FUN!

Hello and welcome to the 9th season of the Weed Whacker Program, hosted by Coach Jen Averill and the Wake Forest Women's Field Hockey coaches and players! This **FREE**, fun and interactive program is intended for youth ages 4-11 years (Pre-K thru 5th grade), and is designed to introduce boys and girls to the sport of Field Hockey and team play. All sessions are played at [Kentner Stadium](#) at Wake Forest.

My name is Karen Simon and I will be your Program Coordinator again this year. Here's a few things you should know about how we operate. Participants are divided into groups based on their grade and experience level. Each coach has about 8-10 kids to allow for more personal instruction and game play.

HOW TO REGISTER!

Email the following information to WFWeedWhackers@gmail.com:

- Child's/Children's' name(s) **AND** age **AND** male or female.
- Name of school **AND** current grade.
- **Number of sticks you need and for which child. Very important that we get this ASAP as we need 2-3 weeks to order the sticks.**
- Name of friend(s) that your child would like to be teamed with (should be same age/grade).
- Parent/Guardian contact name, phone number and email address.

REGISTRATION DEADLINE: January 31 at 6pm

LIMITED TO FIRST 140 KIDS

See attached sheet for schedule, gear requirements, stick order, weather policy and end of year pizza party!

"We are very excited to see the kids again and look forward to another opportunity to teach your children the wonderful sport of field hockey!" – **Jen Averill, WFU Head Field Hockey Coach**

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SCHEDULE/LOCATION

All games are played at [Kentner Stadium](#) at WFU on Thursday from 5:30 – 6:30 PM. Please park in [Lot W1](#).

February 27	Program Begins, 5:30 – 6:30 PM
March 6	5:30 – 6:30 PM
March 13	NO SESSION DUE TO SPRING BREAK
March 20	5:30 – 6:30 PM
March 27	5:30 – 6:30 PM
April 3	5:30 – 6:30 PM
April 10	5:30 – 6:30 PM
April 17	5:30 – 6:30 PM
April 24	Final Session and Pizza Party, 5:30 – 6:30 PM

GEAR – What to Wear/Bring:

- Shin guards (mandatory)
- Mouth guard (optional, but recommended)
- Tennis shoes (mandatory) – NO CLEATS
- Water bottle
- Field hockey stick (see below)

STICK ORDER

- If you need to order a stick, please include how many you need in your registration email (WFWeedWhackers@gmail.com). **Each stick costs \$15.00. CASH ONLY PLEASE; DUE ON FEBRUARY 27 AT REGISTRATION TABLE.**

WEATHER POLICY:

- Sessions will be cancelled **IF** weather is 40/45 degrees or colder. I will send an email to everyone **THAT DAY** regarding cancellation.
- Please dress appropriately, as we may be in for some cold days!

END OF YEAR PIZZA PARTY: Please email if interested in sponsoring.